

# Trade Journal - Open Trades

Assumes 2000 starting capital

Stock	Date	action	UL price	Ins Value	Type	Note
1 AAPL	4/12/17	open	141.3	(160.00)	P CR SPR 21APR17138P/21APR17139P -10	Max risk 840. Didn't follow RSI. Based on support
	4/13/17	hold	141.05	(150.00)		Add \$21.95 for comm
	4/17/17	hold	141.24	(35.00)		Should take profit here but commission is so high I will take chance.
	4/18/17	hold	141.21	(50.00)		Very bad spread, but was first try and is working out
	4/19/17	hold	140.68	(85.00)		
	4/20/17	hold	142.43	0.00		
	4/21/17	expire	142.27	0.00		Expired with 100% premium collected
2 NUE	4/12/17	open	57.88	(106.00)	P CR SPR 19MAY1752.5P/19MAY1755P -2	Max risk 394. Taken at 66IV%
	4/13/17	hold	56.96	(130.00)		Add 9.95 for comm
	4/17/17	hold	57.21	(121.00)		
	4/18/17	hold	57.33	(113.00)		
	4/19	hold	57.62	(105.00)		
	4/20	hold	60.38	(39.00)		Set limit sell at .20, no fill
	4/21	hold	60	(48.00)		
	4/24	close	61.41	(20.00)		Price surge. Had to take profit
3 WHR	4/18	open	167.02	(119.00)	C CR SPR 19MAY17175C/19MAY17180C -1	Max risk 381. 73iv%
	4/18	hold	168.14	(122.50)		comm = 8.45
	4/19	hold	170.14	(148.00)		
	4/20	hold	171.63	(167.50)		
	4/21	hold	171.53	(161.50)		
	4/24	stop	176	(235.00)		Market news created surge that killed this short position
4 PCLN	4/18	open	1764	(60.00)	P CR SPR 28APR171710P/28APR171712.50P -1	Max risk 190 61iv%
	4/18	hold	1763.31	70.00		comm= 8.45
	4/19	hold	1763.2	(80.00)		4/18 I believe is a false read. Illogical value
	4/20	hold	1761.95	(25.00)		
	4/21	hold	1752.01	(90.00)		
	4/24	Close	1800	5.00		Price surge. Had to take profit
5 AMZN	4/20	open	902.63	(45.00)	P CR SPR 5MAY17855P/5MAY17857.5P -1	Max risk 205. Exceeded 2000 balance by 10
	4/20	hold	902.01	(102.50)		Bad entry. was eager to open trade so used market order instead of .60 limit order.
	4/21	hold	898.53	(65.00)		4/20 hold may be bad read. Went up to this right at closing bell
	4/24	hold	907.41	(17.50)		comm=8.45
	4/25	hold	907.35	(52.50)		
	4/26	hold	909.29	(30.00)		
	4/27	hold	918.76	31.50		Earnings after bell/ Probably bad tick on final price
	4/28	close	943.98	(1.00)		Good reaction
6 GOOGL	4/24	open	873.62	(95.00)	P CR SPR 28APRIL817.50P/28APRIL820P -1	Noticed a chance for a .60 credit before open. Filled at .95
	4/24	close	875.51	(10.00)		Hit closing limit of .10 by lunch time. This is a jackpot type trade
7 COHR	4/24	open	209.66	(130.00)	P CR SPR 19MAY17185P/19MAY17190P -1	1.30 credit 3.70 risk 81%IV
	4/24	hold	211.36	(72.50)		Comm = 8.45
	4/25	hold	212.38	67.50		Seems impossible. Tried to exit but could not get filled
	4/26	hold	211.46	(115.00)		Makes me think the number is not real
	4/27	hold	215.54	(52.50)		
	4/28	close	217.07	(55.00)		Closed. Relative top and little liquidity. Decent profit
8 BWLD	4/26	open	162.8	(100.00)	P CR SPR 19MAY17150P/19MAY17145P -1	Risk =400
	4/26	hold	162.4	(112.50)		Comm=8.45
	4/27	hold	156.45	(75.00)		Earnings
	4/28	close	157.5	(50.00)		Wanted to take risk off and get profits recorded
9 QQQ	4/26	open	135.09	75.00	Single 19MAY17133P +1	Broke character to hedge our longs
	4/26	hold	134.94	67.50		Market is way up and bumping resistance across the board.
	4/27	hold	135.74	43.00		This buys a little downside security in case the bottom falls out
	4/28	Close	135.9	42.00		and we have to take losses on longs Comm=7.70
10 AAPL	5/2	open	147.3	(156.00)	P CR SPR 16JUN17145/140P -1	Semi er/ semi directional. Higher than normal risk %
	5/2	hold	147.44	(155.00)		comm= 2 risk= 344 credit= 156
	5/3	hold	147.06	(138.00)		ran down then up. That is good for us
	5/4	hold	146.53	(141.50)		
	5/5	close	148.96	(97.00)		had to drop risk

## Trade Journal - Open Trades

11	TSLA	5/3 open	313.94	(60.00)	P CR SPR 19MAY17295/292.50P -1	er trade at the .23 delta. comm= 2 risk= 190 credit= 60 big move against us but still inside of our boundary exit right at even money to let go of risk before big weekend
		5/3 hold	310.77	(60.00)		
		5/4 hold	295.46	(117.50)		
		5/5 close	308.35	(57.00)		
12	XOP	5/4 open	33.32	(53.00)	P CR SPR 16JUN1732/30P -1	Directional long from relative bottom in oil comm= 2 risk= 147 credit= 53 65% probability of profit. Closer delta but we are calling a bottom Oil drooped and rebounded in dramatic fashion overnight. This position looking to open green today(5/5) dropped risk
		5/4 hold	33.51	(48.50)		
		5/5 close	34.69	(30.00)		
13	FXE	5/5 open	106.47	(53.00)	C CR SPR 12MAY17106/107C -1	50/50 bearish bet for French election. It's fun to play once in a while comm= 2 risk= 47 credit= 53 Also helps as hedge against long positions Worked great
		5/5 hold	106.53	(54.50)		
		5/8 close	105.79	(25.00)		
14	PCLN	5/8 open	1903.75	(130.00)	P CR SPR 19MAY171782.50/1780P -1	Good credit for earnings play tomorrow Miracle trade turned \$100 profit in 5 minutes. Had to take it.
		5/8 close	1910	(30.00)		
15	PCLN	5/8 open	1901.5	(50.00)	P CR SPR 12MAY171790/1787.50P-1	Reup for earnings after a down swing. Getting amazing fills in here today Will add if goes against me Popped at the open for me. Taking profit
		5/8 hold	1903.91	(40.00)		
		5/9 close	1912	(10.00)		
16	PCLN	5/9 open	1907.82	(100.00)	C CR SPR 19MAY171985/1987.50 -1	Earnings short term directional comm= 2 risk= 150 credit= 100 Can't keep a trade open
		5/9 close	1906.01	(40.00)		
17	PCLN	5/9 open	1904.79	(60.00)	C CR SPR 19MAY171987.50/1990P -1	Reup on earnings short term directional comm= 2risk= 190 credit= 60 big move closed trade with a credit
		5/9 hold	1911.13	(70.00)		
		5/10 close	1841.5	15.00		
18	PCLN	5/9 open	1907.28	(110.00)	P CR SPR 16JUN171800/1795P -1	Earnings suspect resolves higher so have this with time comm= 2 risk= 390 credit= 110 75% probability
		5/9 hold	1911.13	(105.00)		
		5/10 close	1819.5	(40.00)		
19	SNAP	5/10 open	23.02	(45.00)	P CR SPR 16JUN1720/18P -1	Earnings expected move +-3 comm= 2 risk= 155 credit= 45 Big move against. position in trouble, but has time
		5/11 hold	18.05	(132.50)		
		5/12 hold	19.14	(105.00)		
		5/15 hold	20.74	(60.00)		
		5/16 hold	20.78	(60.00)		
		5/17 hold	19.9	(82.50)		
		5/18 hold	20.27	(77.50)		
		5/19 hold	20	(90.00)		
		5/22 hold	20.08	(77.50)		
		5/23 hold	20.03	(77.50)		
		5/24 hold	20.53	(62.50)		
		5/25 hold	21.93	(32.50)		
		5/26 hold	21.22	(40.00)		
		5/30 hold	21.45	(32.50)		
		5/31 hold	21.21	(35.00)		
		6/1 hold	21.34	(32.50)		
		6/2 hold	21.09	(37.50)		
		6/5 hold	20.21	(57.50)		
		6/6 hold	20.36	(52.50)		
		6/7 roll	19.58	(110.00)	.25 credit	Missed a good chance to exit, but still confident for a profit  moved big aagainst so rolled out for time added 25 to credit comm= 4 risk= 130 credit= 70
		6/8 hold	18.85	(130.00)		Not going to track daily anymore. Will note when I make changes or close
20	HD	5/12 open	156.77	(50.00)	P CR SPR 19MAY17152.50/150P -1	Bullish into earnings. Hope to book profit prior. 70% probability comm= 2 risk= 200 credit= 50
		5/15 hold	157.33	(34.50)		
		5/16 close	160.5	(15.00)		
21	LOW	5/12 open	84.72	(45.00)	P CR SPR 26MAY1781/79p -1	Same comm= 2 risk= 155 credit = 45
		5/15 hold	85.19	(34.50)		
		5/16 hold	85.36	(31.00)		
		5/17 hold	83.75	(51.00)		
		5/18 hold	84.05	(45.00)		
		5/19 hold	84.59	(34.50)		
		5/22 hold	84.05	(42.50)		
		5/23 hold	82.34	(62.50)		

## Trade Journal - Open Trades

	5/24 hold	79.85	(102.00)		Really bad earnings. These have no time left.	
	5/25 close	81.08	(30.00)		Will close on Friday to avoid assignment	
22	BABA	5/12 open	120.03	(46.00)	P CR SPR 19MAY17115/113P -1	Same
		5/15 hold	121.4	(35.50)		comm= 2 risk= 154 credit= 46
		5/16 close	123.21	(18.00)		
23	QQQ	5/12 open	138.6	51.00	Single Put 26MAY17137P +1	Hedge all long p/l over the weekend
		5/15 pre adj	138.75	43.00	adj cost basis -8+96	
		5/15 adj	138.82	104.00	PCALSPR 16JUN17138P/21JUL17138P +1	comm=3 risk= 96
		5/15 hold	139.04	100.00		Rolled option and added leg to create a calendar spread
		5/16 hold	139.62	99.00		This will benefit from a stall in price here at ath
		5/17 hold	136.07	92.50		Gets new risk ammount. 50/50 chance. positive theta
		5/18 hold	137.26	99.00		
		5/19 hold	137.84	111.00		
		5/22 hold	139	112.50		
		5/23 hold	139.14	112.00		
		5/24 hold	139.78	112.50		
		5/25 hold	140.97	96.00		
		5/26 hold	141.22	102.50		
		5/30 hold	141.34	106.00		
		5/31 hold	141.29	102.50		
		6/1 hold	141.84	92.50		
		6/2 hold	143.46	74.50		
		6/5 hold	143.43	81.00		
		6/6 hold	142.86	93.00		
		6/7 hold	143.42	86.50		Is now a Put credit spread. What a journey
		6/8 hold	143.57	83.50		rolled the short put to the July 140 for a 162 credit
		6/9 adj	142.07	(61.00)		comm= 4 risk= 139 credit= 61
		6/12 hold	139.23	(82.00)		so confusing
		6/13 hold	140.36	(68.00)		
		6/14 hold	139.75	(76.00)		Will record the close
24	PLCE	5/16 open	115.5	(100.00)	P CR SPR 16JUN17105/100P -1	Earnings5/18
		5/17 hold	111.6	(135.00)		comm= 2 risk= 400 credit= 100
		5/18 close	120.5	(20.00)		Excellent earnings reaction
25	ULTA	5/16 open	294.64	(100.00)	P CR SPR 2JUN17275/270P -1	1 week to earnings
		5/17 hold	292.09	(102.50)		comm= 2 risk= 400 credit= 100
		5/18 hold	297.82	(97.50)		
		5/19 hold	294.08	(95.00)		
		5/22 hold	294.94	(67.50)		
		5/23 hold	290.55	(112.50)		
		5/24 hold	280.51	(180.00)		Yikes! dumped the day before earnings
		5/25 hold	293.04	(75.00)		and then rallied. Announce after close
		5/26 close	305	(5.00)		Good report
26	M	5/16 open	23.1	(59.00)	P CR SPR 9JUN1723/21P -1	after earnings bottom call
		5/17 hold	23.01	(63.50)		comm= 2 risk= 141 credit= 59
		5/18 hold	22.76	(70.50)		
		5/19 hold	23.01	(59.00)		
		5/22 hold	23.41	(42.50)		
		5/23 hold	23.05	(53.50)		
		5/24 hold	23.18	(46.00)		
		5/25 hold	23.36	(39.00)		
		5/26 hold	23.44	(34.50)		
		5/30 close	23.61	(30.00)		Normal close at 50% of credit
27	QQQ	5/16 open	139.5	47.00	P DB SPR 16JUN17139/140 +1	Getting some short delta to hedge
		5/17 close	137.27	65.00		comm= 2 risk= 47
28	FB	5/12 open	150.33	130.00	P DB SPR 23JUN17152.50/150P +1	Short trade not recorded earlier
		5/17 close	146.81	165.00		
29	NFLX	5/12 open	160.81	120.00	P DB SPR 23JUN17160/157.50P +1	Short trade not recorded earlier
		5/17 close	155.53	140.00		
30	AMZN	5/17 open	955	(60.00)	P CR SPR 2JUN17932.50/930P -1	Hi IV on drop, limited in a good credit
		5/17 adj	944	(140.00)	-1 at .80	comm=4 risk= 360 credit= 140

## Trade Journal - Open Trades

	5/17 hold	944.52	(115.00)		This is what the standard trade is meant to be	
	5/18 close	958.49	(60.00)		Took profit .80 of credit. Good reaction off of previous low	
31	QQQ	5/17 open	136.46	106.00	P DB SPR 16JUN17137/134P +1	Hedge, needed some short delta
		5/18 hold	137.26	88.00		comm= 2 risk= 106
		5/19 hold	137.84	73.00		
		5/22 hold	139	48.50		
		5/23 hold	139.14	44.50		
		5/24 hold	139.78	37.50		
		5/25 hold	140.97	25.50		
		5/26 close	141.1	22.00		Decided to close for cash management purpose
32	HLF	5/19 open	71.47	118.00	P DB SPR 16JUN1772.50/70P +1	Hedging with weak company at highs
		5/19 hold	71.81	110.00		comm= 2 risk= 118
		5/22 hold	73.44	71.50		
		5/23 close	69.14	193.00		Big down day let me out beyond my target
33	FL	5/19 open	59.9	(150.00)	P CR SPR 16JUN1762.50/60P -1	big drop on earnings, trading atm reversal
		5/19 hold	58.72	(175.00)		comm= 2 risk= 100 credit= 150
		5/22 hold	60.27	(147.50)		Lower probability, but I believe I'm right and this pays better
		5/23 hold	59.87	(165.00)		slight rule breaking
		5/24 hold	59.63	(170.00)		
		5/25 hold	59.66	(170.00)		
		5/26 hold	59.82	(170.00)		
		5/30 hold	59.66	(177.50)		
		5/31 hold	59.41	(185.00)		
		6/1 hold	59.36	(187.50)		
		6/2 hold	58.04	(227.50)		The long premise is busted and short theta
		6/5 close	57.83	(225.00)		Decided to take this loss against some profits
34	FXE	5/22 open	108.82	7.00	Single Put 21JUL109P +1	Hedging portfolio with overbaught Euro etf
		5/23 hold	108.26	33.00		comm= 2 risk= unknown ??
		5/24 adj	108.25	32.50	Convert to calendar 16JUN17109P -1	If runs against , will sell front month otm put
		5/24 hold	108.6	33.00		adjustment changes beginning value
		5/25 hold	108.53	33.00		
		5/26 hold	108.12	30.50		
		5/30 hold	108.32	32.00		
		5/31 hold	108.77	33.50		
		6/1 hold	108.54	32.50		
		6/2 close	108.97	34.00		Suchan odd position. Closed for profit now since I have no idea what will happen
35	P	5/22 open	9.12	(66.00)	P CR SPR 16JUN179/7P -1	Hi IV calling stall or bounce 9\$
		5/23 hold	9.14	(64.00)		comm= 2 risk= 134 credit= 66
		5/24 hold	9.25	(65.50)		60-65% probability
		5/25 hold	9.16	(66.50)		
		5/26 hold	9.22	(56.00)		
		5/30 hold	8.96	(65.50)		
		5/31 hold	8.9	(70.00)		
		6/1 hold	9.14	(59.50)		
		6/2 hold	9.3	(59.50)		
		6/5 close	9.4	(40.00)		Decided to close on a good move
36	LOW	5/23 open	83.12	(60.00)	P CR SPR 16JUN1781/79P -1	More on earnings in the am
		5/24 hold	79.85	(97.00)		comm= 2 risk= 140 credit= 60
		5/25 hold	81.33	(66.00)		Really bad earnings. will hold to see if it recovers
		5/26 hold	80.91	(72.00)		
		5/30 hold	79.41	(114.50)		
		5/31 hold	78.77	(142.50)		
		6/1 hold	80.43	(84.00)		Could be trouble
		6/2 hold	80.22	(90.50)		haha. No need to panic
		6/5 hold	79.44	(117.00)		
		6/6 hold	78.7	(146.00)		What a roller coaster, Probably should have gotten out by now, but...
		6/7 hold	77.79	(176.50)		Yikes!
		6/8 hold	77.64	(178.00)		Barring a miracle this will be booked as a loser next week
		6/9 hold	78.65	(153.00)		
		6/12 hold	79.03	(143.00)		
		6/13 close	79.65	(147.00)		loser
37	HLF	5/25 open	71.39	119.00	P DB SPR 21JUL1772.50/70P +1	Same scnerio hedge against long deltas
		5/26 hold	71.13	120.00		comm= 2 risk= 119
		5/30 hold	71.17	122.00		

## Trade Journal - Open Trades

	5/31 hold	71.78	104.00		
	6/1 hold	74.11	77.50		
	6/2 hold	73.92	77.50		
	6/5 close	69.22	160.00		Bad news for HLF is good for me
38	IWM	5/25 open	137.58	45.00	P DB SPR 21JUL17138/137P +1
		5/26 hold	137.54	47.50	
		5/30 hold	136.46	56.00	
		5/31 close	134.89	65.00	
					Hedge against long delyas comm= 2 risk= 45
39	EWZ	5/26 open	35.53	(63.00)	IC 21JUL1729/31/39/41P -1
		5/30 hold	35.54	(53.00)	
		5/31 hold	35.17	(49.50)	
		6/1 hold	34.89	(47.00)	
		6/2 hold	34.93	(43.50)	
		6/5 hold	34.55	(43.00)	
		6/6 hold	34.96	(41.00)	
		6/7 hold	35.04	(35.00)	
		6/8 hold	34.89	(33.00)	
		6/9 close	34.24	(33.00)	
					Iron Condor for a hopefully rangebound Brazillian market comm= 4 risk= 137 credit= 63
					This is ideal movement on an Iron Condor
40	IWM	5/31 open	136.31	49.00	P DB SPR 21JUL17137/136P +1
		6/1 hold	138.95	31.50	
		6/2 hold	139.85	27.50	
		6/5 hold	138.98	32.50	
		6/6 hold	138.85	31.50	
		6/7 hold	138.98	32.50	
		6/8 hold	140.88	24.00	
		6/9 hold	141.61	19.00	
		6/12 hold	141.38	20.00	
		6/13 hold	142.1	16.00	
		6/14 hold	141.26	20.00	
		6/15 hold	140.54	22.00	
		6/16 hold	140.19	21.50	
					Hedge against long pl comm= 2 risk= 49
41	GOOG	5/31 open	965.07	(110.00)	P CR SPR 21JUL17925/920P -1
		6/1 hold	966.95	(75.00)	
		6/2 hold	975.6	(250.00)	
		6/5 close	983.33	(55.00)	
					Contrarian vol spike long comm= 2 risk= 390 credit= 110 Certain that this number is a bad tick at the close Could have had better IV here, but was eager to "buy the dip" It worked out
42	CHTR	6/5 open	347.27	(100.00)	P CR SPR 21JUL17325/320P -1
		6/6 hold	342.83	(165.00)	
		6/7 adj	342.83	(280.00)	New net credit
		6/7 close	344.8	(180.00)	
					Hi IV, up trend comm= 4 risk=720 credit= 280 thinking of adding to position with the credit this large added another traunch. Quickly reversed and let me out with nice profit
43	TSLA	6/7 open	356.02	(200.00)	IC 21JUL17320/325/390/395 -1
		6/8 hold	370	(217.50)	
		6/9 hold	357.32	(390.00)	-1 at 2.30
		6/12 hold	359.01	(415.00)	
		6/13 hold	375.95	(487.00)	
		6/14 hold	380.66	(460.00)	
		6/15 close	368.75	(400.00)	
					IV spike stock keeps climbing but should hit wall comm= 8 risk= 570 credit= 430 EWZ ic is working so want to try another might move the put side closer to the money for additional credit
44	XOP	6/7 open	31.66	(61.00)	P CR SPR 21JUL1731/29P -1
		6/8 hold	31.43	(64.50)	
		6/9 hold	32.61	(40.50)	
		6/12 close	32.95	(29.00)	
					big selloff should stall comm= 2 risk= 139 credit= 61
45	SPX	6/7 open	2432.06	200.00	P DB SPR 21JUL172435/2430P +1
		6/8 close	2432.75	250.00	
					need negative deltas for balance comm= 2 risk= 200 looking for \$50 profit
46	AAPL	6/9 open	148.98	(101.00)	P CR SPR 21JUL17145/140P -1
		6/12 hold	145.32	(176.50)	
		6/13 hold	146.59	(144.50)	
		6/14 hold	145.16	(171.50)	
		6/15 hold	144.29	(190.05)	
					Big down day . selling the IV spike comm= 2 risk= 399 credit= 101

## Trade Journal - Open Trades

	6/16 hold	142.27	(243.50)			This looks pretty bad, but there is time
47	AMZN	6/9 open	978.31	(100.00)	P CR SPR 21JUL17940/935P -1	Same
		6/12 hold	964.91	(180.00)		comm=2 risk= 400 credit= 100
		6/13 hold	980.79	(112.50)		
		6/14 hold	976.47	(120.00)		
		6/15 hold	964.17	(162.50)		
		6/16 hold	987.71	(107.50)		Odd action AMZN picks up 3% on it's acquisition of WFM
48	GOOGL	6/9 open	970.12	(100.00)	P CR SPR 21JUL17940/935P -1	Same
		6/12 hold	961.81	(155.00)		comm= 2 risk= 400 credit= 100
		6/13 hold	970.5	(125.00)		These three could be dangerous. I was definitely early
		6/14 hold	967.93	(130.00)		
		6/15 hold	960.18	(160.00)		
		6/16 hold	958.62	(125.00)		
49	RUT	6/9 open	1421.7	220.00	P DB SPR 21JUL171425/1420P +1	Hedge against massively long PL
		6/12 close	1419.78	270.00		comm=2 risk= 220
50	SPX	6/12 open	2429.39	190.00	P DB SPR 21JUL172430/2425P +1	Hedge overnight
		6/13 hold	2440.35	150.00		comm= 2 risk= 190
		6/14 hold	2437.92	150.00		
		6/15 hold	2432.46	165.00		
		6/16 hold	2433.15	160.00		
51	RUT	6/12 open	1419.21	220.00	P DB SPR 21JUL171420/1415P +1	Hedge overnight
		6/13 hold	1425.98	185.00		comm= 2 risk= 220
		6/14 close	1412.78	280.00		good on Fed decision drop
52	BABA	6/14 open	136.67	(120.00)	P CR SPR 21JUL17130/125P -1	Hi IV suspect bear falg also
		6/15 hold	135.08	(139.00)		comm= 2 risk= 380 credit= 120
		6/16 hold	134.87	(150.50)		
53	XOP	6/15 open	32.06	(73.00)	P CR SPR 21JUL1732/30P -1	Hi IV Contrarian oil play, has worked well twice previously
		6/16 open	31.65	(75.50)		comm= 2 risk= 127 credit= 73